

Supply List for Sashiko Workshop on April 30, 2016 with Allison Wilbur
at Mothertown Quilt Guild

In this class I will be teaching you how to do sashiko by hand and by machine. We will start with the hand sashiko so you can get a feel for the look you are trying to mimic on the machine. Most domestic sewing machines handle the sashiko stitching very well. Of all the classes I have taught, only Pfaff machines have sometimes had a problem. A walking foot is an important element in getting a high quality stitch so please make sure you have a walking foot and know how to install and use it. It is always smart to bring the book that goes with your sewing machine to check if you have any issues.

You will each receive a kit which includes:

10" square of fusible cotton interfacing (pellon SF 101)
10" square navy kona cotton
2 sashiko patterns
rectangle of sashiko fabric
sashiko needle
sashiko thread (for handwork)
pattern for sashiko project holder

You will need to bring the following:

Home sewing machine with foot and power cord
Walking foot
Open toe darning foot for free motion quilting
Knee lift (if you have one)
Flat plastic extension table which goes with your machine (if you have one)
Machine instruction book and case of supplies
Extra bobbins (empty)
Thread snips
Seam ripper
Topstitch needles
painters tape